

# **Novel Coronavirus SARS-CoV-2**

## **Important Information**

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# Important Information

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- Coronaviruses are viruses that affect animals, and rarely transmitted between animals and humans.
- In humans, coronaviruses cause illnesses ranging from the common cold to more severe diseases like pneumonia.

## How is 2019-nCoV Spread?

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- Person to person spread has also occurred through respiratory droplets produced when an infected person coughs or sneezes, similar to influenza.
- Spread between people has generally occurred between close contacts and healthcare workers

# What are the Symptoms of SARS-CoV-2?

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These symptoms often present like influenza (flu) symptoms:

- Fever;
- Cough;
- Sore throat;
- Difficulty breathing.

Symptoms may appear in as short as 2 days or as long as 14 days after exposure. This is known as the incubation period.

# What is the Treatment?

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- There is no specific treatment for this virus.
- Common medications to treat viruses have so far not been shown to be effective.
- No vaccine is currently available.
- People who are sick are treated for their symptoms.

**The most important thing is to take care of your safety by applying a few simple principles of prevention.**

# How Do I Protect Myself from SARS-CoV-2 and other Respiratory Illnesses?

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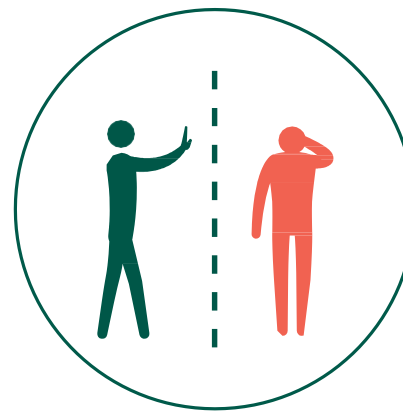
Washing your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer if soap and water are not available.

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Covering your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing.

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Avoiding contact with sick people. Keep safe distance up to 1m.

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Avoid large groups of people.

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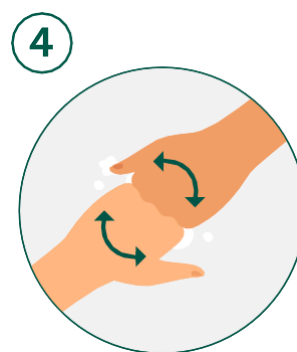
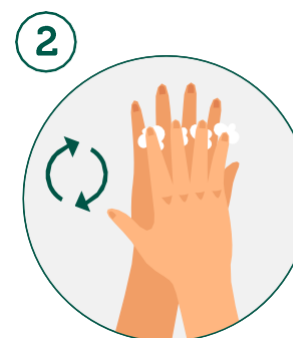
# Wash and disinfect your hands often and thoroughly!

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Wash your hands as often as possible using available cleaning agents.  
Use disinfectant fluids.

Be sure to wash your hands:

- ✓ When you cough or sneeze
- ✓ Before preparing a meal
- ✓ Before eating
- ✓ After leaving the toilet
- ✓ After contact with animals or their excrement



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# What should I do if I have symptoms of infection and do not feel well?

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Contact your doctor if you experience symptoms of infection such as:

- Temperature above 38 degrees Celsius
- Cough
- Dyspnoea
- Muscle aches



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# Do disposable face masks protect against infection?

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**It is not recommended to use respiratory protection by people without infection symptoms.**

The World Health Organization advises the rational use of masks only if you have signs of infection or suspect you have an infection.



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# Where to find information?

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**All additional information can be found at your local authorities:**

- Sanitary Inspectorate
- Ministry of Health
- World Health Organization

